

Marshall Public Schools  
Wellness Goals

Goal 1: All students will have access to curriculum and instruction in health, physical education, and recreation activities at school that promote healthier lifestyles.

Goal 2: Foods and beverages provided to and consumed by students in our schools, will meet or exceed Missouri Eat Smart Nutrition Guidelines.

Goal 3: Other school-based activities will be provided to promote wellness, fitness and nutrition among students, parents, families, and all district staff.